

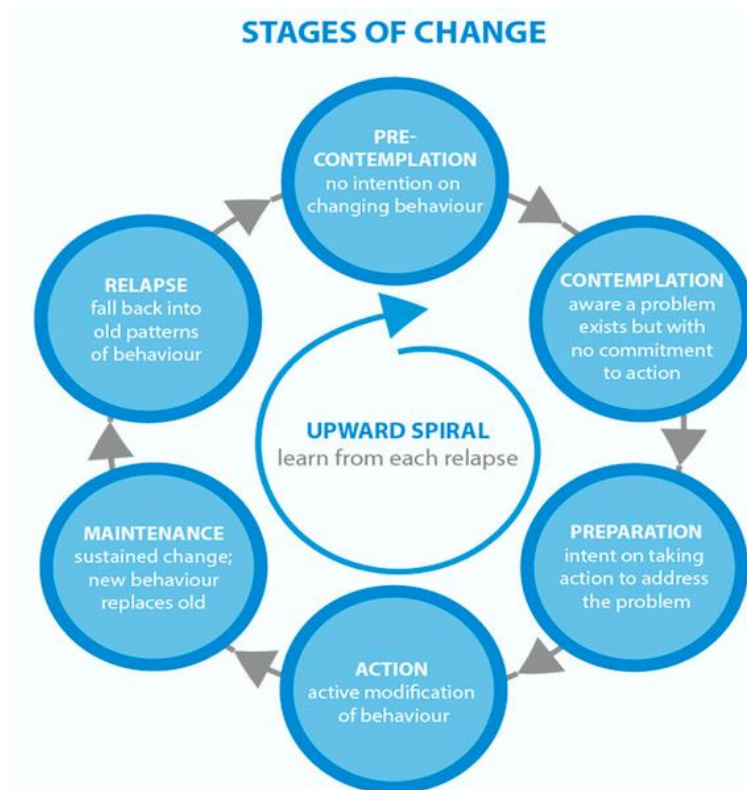
COWP PSE Change Process

STRATEGY 3

Action Planning

Purpose of Action Planning:

Action planning is necessary to ensure a policy, system or environmental change (PSE) is fully implemented. It involves developing actions steps, identifying resources, and setting implementation timelines for each PSE change. Action planning also increases the likelihood of the long-term sustainability of PSE changes in preschool settings.



The Transtheoretical Model (Stages of Change)

Step 1: Define the action step

Step 2: Identify a point person

Step 3: Identify internal and external resources needed

Step 4: Identify a deadline for each action step

Step 5: Communicate the PSE change and plan for sustainability

Materials Needed for Strategy 3:
Action planning templates