

COWP PSE Change Process

STRATEGY 1

Strengths and Needs Assessment

Purpose of a Strengths and Needs Assessment:

A strengths and needs assessment provides a preschool community with a snapshot of center-specific policy, systems, and environmental practices currently in place and helps to identify areas for improvement. With this data, preschools can plan for improvements by creating strategies to make positive and sustainable changes in their settings.

Socio-Ecological Model (SEM)



- Step 1: Prepare a menu of evidence-based PSE best practices related to your outcome of interest
 - Step 2: Convene staff from your preschool setting
 - Step 3: Develop a rating scale (not implemented, partially implemented, fully implemented)
- Step 4: Discuss the status of each PSE

Materials Needed for Strategy 1:
Menu of evidence-based PSE best practices
Rating scale