



Moving with Activity Scarfs

- **Scarf Tunnel.** Pair off the kids into groups of two. Once paired off, hand each pair of children one activity scarf (have them hold the scarf in the corners with two hands). Once every pair has an activity scarf, create a lineup of pairs. Once in pairs, have the children hold their scarf above their heads. The first pair lowers their scarves, hold hands, and runs through the tunnel. After running through the tunnel, the pair then rejoins the tunnel on the opposite end and holds their scarf above their head. Once this occurs, group two then proceeds to go under the tunnel. Repeat until all groups have a chance to go through the tunnel.
- **Catch-a-scarf.** Begin by handing every child an activity scarf. Turn on some background music and begin playing the game. While the music is playing, the children will throw the scarfs in the air and try to catch them with different body parts (arms, head, shoulders, legs, feet, etc.). Continue playing the game until the music ends or until the students master the concept. For added fun, give the children another scarf or allow them to play catch with a friend.
- **Music Imagination!** This activity combines music and movement and imaginative play. Start first by handing every student an activity scarf. Then, join the children in creating different animals/objects with their bodies and scarfs. For example, you could show the children how to hold the scarves up to their noses to look like an elephant while stomping around the room; you could have the children hold the scarves behind their bodies near their lower back and gallop around the room pretending to be ponies; or you could show them how to hold the scarves up high above their heads, swinging the scarf around like the propeller of a helicopter. Turn on background music to facilitate the activity! For added fun, encourage the children to come up with their own animals/objects!

