



# How Local Business Networks are Connecting the Dots on Wellness

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**Center for Health, Work & Environment**  
colorado school of public health





# Who We Are

Tri-County Health Department is the largest local health department in Colorado, serving over 1.5 million citizens. The agency's jurisdiction includes 26 municipalities in the following 3 counties:

- Adams County
- Arapahoe County
- Douglas County

*Initiative Funding Source: Amendment 35 (tobacco tax dollars) - Colorado Department of Public Health and Environment Cancer, Cardiovascular and Chronic Pulmonary Disease Grants Program*



# Initiative Objectives

Create local coalitions that **connect employers** and support their wellness efforts:

- Develop five local employer coalitions
- Provide ongoing structure & accountability
- Support with evidence-base resources and practices
- **Improve policy, culture and environment**

## Locally-Based Resources

- American Heart Association-
- Kaiser -Weigh & Win-
- Executives Partnering to Invest in Children-
- Recreation Centers- American Diabetes-
- American Lung Association-

## Workplace Certification

- Health Links Colorado-
- American Heart Association-

## Employer-Based Support

- Provider Benefits-
- Policies-
- Culture-
- Environment-

# Employer Coalitions

## Tri-County Health Department

- Convener-
- Best-Practices-
- Funding Source-



# Current Employer Coalitions

Coalition	# Employers	# Employees
City of Aurora	9	1,218
Adams County	14	4,624
Castle Rock	10	5,686
South Metro Denver	12	5,405
Colorado's city , town and county employers	13	5,000
<b>Total</b>	<b>58</b>	<b>21,933</b>

Representatives from the City of Aurora Coalition are here today!

# In This Together

- Similar challenges
- Learn from each other
- Share resources
- Motivation & support
- New, creative & fun
- Change & results





The journey is more exciting if you don't venture it alone...



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# Connect With Coalition Members



**Mitzi Schindler**

Communications Director  
Aurora Chamber of Commerce (9  
Employees)



**Cheri Prochazka**

Vice President Human Resources  
Fitzsimons Credit Union (45 Employees)



**Deborah Hoefler**

Director of Financial Aid  
Community College of Aurora (951  
Employees)



# Thank You!

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