

PARTICIPANTS

The contributors to this monograph and conferees constitute a diverse mix of disciplines; specifically, sociology, medical anthropology, psychology, public health, psychiatry, epidemiology, education, and criminology. The conference participants included:

Janette Beals, Ph.D.

Dr. Beals is associate director for research of the National Center for American Indian and Alaska Native Mental Health Research and assistant professor in the Department of Psychiatry at the University of Colorado Health Sciences Center. She received her B.S. from Colorado State University in 1977 and her Ph.D. in social psychology from the University of Michigan in 1985.

Her primary expertise is as a methodologist, including field survey and interview methods, data collection and management strategies, and data analytic methods. Her substantive areas of interest include psychiatric epidemiology, adolescent substance abuse and psychological symptomatology, and minority psychology.

Robert H. Beasley, M.D.

Dr. Beasley recently has joined the Indian Health Service as the area consultant in child and adolescent psychiatry for the Oklahoma City area. Previously, he was an associate professor at the University of Oklahoma Health Sciences Center, where he served as director of training for the Child and Adolescent Psychiatry Program. He received his M.D. from the University of Oklahoma and completed residencies in general and child psychiatry at the University of Oklahoma and the University of Oregon.

Dr. Beasley was a general medical officer in the Indian Health Service at the Chemawa Indian Boarding School in Salem, Oregon, from 1973 to 1975. He has also served as a psychiatric consultant in Oklahoma for the Choctaw Nation and for the Anadarko Indian Health Clinic since 1980. Part of his involvement has been with the Riverside Indian Boarding School in Anadarko. He has had a continuing interest in mental health issues in the unique situation of the boarding school.

Donald W. Bechtold, M.D.

Dr. Bechtold is an assistant professor of psychiatry and director of training in child psychiatry at the University of Colorado School of Medicine. He is the recipient of an NIMH Faculty Scholar Award, studying adolescent suicide among American Indian youth in cooperation with the

Cherokee Nation of Oklahoma. In addition, he is a contract consultant to the Indian Health Service, a research associate of the National Center for American Indian and Alaska Native Mental Health Research, and a member of the Committee on the American Indian Child of the American Academy of Child and Adolescent Psychiatry.

Irving N. Berlin, M.D.

Dr. Berlin is professor emeritus of psychiatry and pediatrics at the University of New Mexico School of Medicine. He is senior consultant to and former director of the Division of Child and Adolescent Psychiatry and the Children's Psychiatric Hospital at the University of New Mexico. He is past president of the American Academy of Child Psychiatry and has served on its executive council.

Dr. Berlin has written more than 190 professional articles and books. His recent publications have been concerned with the impact of mental health issues on the American Indian child and adolescent. In 1991, he coedited *Psychiatric Inpatient Care of Children and Adolescents: A Multicultural Approach*. Also in 1991 his edited volume titled *The Bibliography for Teaching and Training in Child and Adolescent Mental Health* was published.

Evelyn Bromet, Ph.D.

Dr. Bromet holds a Ph.D. in epidemiology from Yale University. She currently is professor of psychiatry and preventive medicine at the State University of New York at Stony Brook. She received the Rema Lapouse (mental health research) Award from the American Public Health Association in 1989. Her research has focused on environmental risk factors in the onset and course of depression and alcoholism. She currently is principal investigator of a epidemiologic study of newly diagnosed psychotic disorders.

Dr. Bromet has written close to 100 professional articles, book chapters, and reports. Her recent publications have been concerned with the impact of stress associated with Three Mile Island on the mental health of adults and children, the effects of occupational and marital stress on depression in blue- and white-collar workers, and methodological issues in determining psychiatric diagnosis in community residents and first admission psychiatric patients.

Jerome A. Chadwick, M.D.

Dr. Chadwick received his M.D. from the University of Rochester Medical School, Rochester, New York, in 1963 and completed his psychiatric residency in 1968 from the University of Colorado Health Sciences Center. He currently is in private practice and holds a staff psychiatrist position with the Institute for Forensic Psychiatry, Colorado Mental Health Institute of Pueblo, Colorado.

Dr. Chadwick has had numerous consulting experiences working with American Indian communities in both urban and rural settings. He has served on the American Academy of Child and Adolescent Psychiatry's, Committee on the American Indian Child since 1974.

Norman G. Dinges, Ph.D.

Dr. Dinges is associate professor and director, Community Psychology Graduate Program, in the Department of Behavioral Sciences at the University of Alaska, Fairbanks. He received his Ph.D. in psychology from Colorado State University and subsequently served an NIMH post-doctoral year in Culture, Aging and Mental Health at Portland State University. He has been actively involved in applied cross-cultural mental health research programs for American Indians and Alaska Natives, as well as other culturally different populations, for over two decades.

Dr. Dinges's early work included the evaluation of the Toyei Model Dormitory Project, and the development, delivery, and evaluation of culturally appropriate, family-based preventive interventions intended to improve the mental health of Navajo caretakers and their children. Currently, he directs the "Other Forgotten Warriors Project," which is designed to develop, deliver, and evaluate innovative mental health services to Interior Alaska Native Vietnam Veterans, and serves as a Site Director for the "Voices of Indian Teens" project of the National Center.

Norm Dorpat, M.S.

Mr. Dorpat has served as a school psychologist for several Northwest tribes over the past 10 years. He acted as special education director for the Puyallup Tribal Schools from 1984 through 1991. He currently develops programs for Chief Leschi Schools of the Puyallup Tribe (Tacoma, Washington) for reduction of high-risk behaviors of youth and children. In this capacity, he has focused on AIDS/HIV prevention, substance abuse programs, children of alcoholics issues, and behavior development programs. Mr. Dorpat also presently acts as director of education programs for Northwest Indian College. He has served as an adjunct faculty member for several area colleges and as a consultant for educational software training and development.

Denise M. Dougherty, Ph.D.

Dr. Dougherty is senior associate in the health program of the U.S. Congress's Office of Technology Assessment. She came to OTA in 1983 from the graduate program in social psychology of Boston University. Dr. Dougherty directed the project *Adolescent Health* (published 1991), was study director for *Children's Mental Health: Problems and Services* (1986) and *The Effectiveness and Costs to Medicare of Breast Cancer Screening* (1987) and staff papers on post-traumatic stress disorder

the alcohol research scholar. Her interests are in the areas of individual, family, and community resiliency. As of August 1992, Dr. Fleming and her colleague Spero M. Manson, Ph.D., serve as co-directors for the "Healthy Nations Program," an initiative funded by The Robert Wood Johnson Foundation to reduce the negative impact of substance abuse in Indian communities.

Norma E. Forbes, Ph.D.

Dr. Forbes retired from Alaska's Division of Mental Health and Developmental Disabilities as of January 1991. Her position with the state was regional administrator of Community Mental Health Centers for northern and western Alaska, serving primarily Alaska Native clients. From 1970 to 1982 she was affiliated with the Center for Cross-Cultural Studies (and its precursor organizations) at the University of Alaska, where she received an interdisciplinary Ph.D. in psychology/anthropology/education. Her career as a clinician, researcher, and administrator has been in social change and the mental health of Alaska Natives. She now is a consultant and a lecturer with Western Washington University's Human Services Program.

David Grossman, M.D., M.P.H.

Dr. Grossman is head of the Intentional Injury Section, Harborview Injury Prevention and Research Center, and assistant professor of pediatrics, University of Washington. After completing his pediatric training at the University of North Carolina, Chapel Hill, he spent 3 years as a pediatrician and clinical director with the Indian Health Service at Fort Defiance, Arizona, in the Navajo Nation. He was a Robert Wood Johnson Clinical Scholar at the University of Washington prior to joining the pediatric faculty in 1990. His primary research interests are in intentional injury, American Indian health, and psychosocial epidemiology.

George M. Guilmet, Ph.D.

Dr. Guilmet (Ph.D., UCLA, 1976) is a psychological-medical anthropologist. Between 1973 and 1976, he was a predoctoral trainee (funded by the National Institute of Child Health and Human Development) with the Sociobehavioral Group, Mental Retardation and Child Psychiatry Research Program, UCLA Neuropsychiatric Institute. In spring 1991, he was the Distinguished Visiting Professor of Anthropology at San Diego State University. Currently, he is chair and professor in the Department of Comparative Sociology at the University of Puget Sound. He also is a research associate with the National Center for American Indian and Alaska Native Mental Health Research. He has published widely concerning American Indian and Alaska Native mental health issues.

Teresa D. LaFromboise, Ph.D.

Dr. LaFromboise (Miami), associate professor of education at the University of Wisconsin-Madison, received her Ph.D. from the University of Oklahoma in 1980. She is a counseling psychologist concerned with stress-related problems of American Indian and other ethnic minority clients. Her research topics include interpersonal impact of interviewing strategies in multicultural counseling, social influence in counseling, and social skills interventions for bicultural competence. Presently, Dr. LaFromboise is coordinating a study of the impact of a culturally tailored life skills development curriculum on American Indian high school students' knowledge, beliefs, and ability to intervene in suicidal situations. She teaches seminars on cross-cultural counseling, counseling theories, psychology and American Indian mental health.

Spero M. Manson, Ph.D.

Dr. Manson (Pembina Chippewa) is professor, Department of Psychiatry, and director, National Center for American Indian and Alaska Native Mental Health Research, at the University of Colorado Health Sciences Center. He also serves as program co-director of the Robert Wood Johnson Foundation's Healthy Nations Initiative, a \$13.5 million effort to assist Indian and Native communities in their struggle to reduce substance abuse. Dr. Manson received his graduate training (1972-1978) in medical anthropology at the University of Minnesota. Formerly employed by the Oregon Health Sciences University and Portland State University, he relocated to Denver in September 1986 to establish the National Center.

Dr. Manson publishes extensively on the assessment, epidemiology, and prevention of alcohol, drug, and mental disorders across the developmental life span of Indian and Native people. He serves on a wide range of advisory boards and panels, including the National Institute of Mental Health, Office of Technology Assessment, Institute of Medicine, American Association of Retired Persons, Gerontological Society of America, and Denver Community Mental Health Commission.

Philip A. May, Ph.D.

Dr. May is currently a professor of sociology and psychiatry at the University of New Mexico, and the director of the University of New Mexico Center on Alcoholism, Substance Abuse, and Addictions. In addition, he serves as a National Center research associate and site director for the Voices of Indian Teens research project for the National Center.

Dr. May has been involved with research on suicide among American Indians since 1969, when he was part of initial NIMH studies on adolescent suicide at Fort Hall, Idaho. He has authored a number of articles on suicide and Indians and has prepared two annotated bibliographies on the topic for the Indian Health Service. He is recognized as a

national expert on fetal alcohol syndrome, suicidal behavior, and alcohol abuse.

Gordon L. Neligh, M.D.

Dr. Neligh is the director of the Programs for Public Psychiatry, a division of the Department of Psychiatry at the University of Colorado Health Sciences Center. He received his M.D. from the University of Nebraska Medical Center in 1976 and completed his psychiatric residency in 1979 from the University of Oregon Health Sciences Center.

He served as area psychiatrist and then director of Clinical Services for the Billings Area, Indian Health Service (1980-1985). From 1985 to 1987 he was the mental health branch chief to the Portland Area Indian Health Service.

Dr. Neligh's research has included work with panic disorder, major depression, and epidemiology of major mental disorders in the Indian populations. This work served as the basis for a major monograph concerning mental disorders and mental health programs for American Indians.

Joseph R. Rowan, M.A., M.S.W.

Mr. Rowan has 51 years' experience in the criminal justice field, including over 4 years as a detention officer. In addition, he has been an institutional supervisor, superintendent, head of two state detention/correctional systems and four national nonprofit agencies. He was the primary author of the nation's first suicide training curriculum for jails and lockups and the sole author of training documents for the International Association of Chiefs of Police, American Correctional Association, and American Jail Association. He has trained staff from over 700 facilities and has been an expert witness in over 100 lawsuits.

William H. Sack, M.D.

Dr. Sack is professor of psychiatry and pediatrics and director, Division of Child Psychiatry, at the Oregon Health Sciences University. He received his M.D. from the University of Oregon Medical School, Portland, in 1960. He completed his pediatric and psychiatric residencies from the same university. He received a fellowship in child psychiatry from Harvard University-Massachusetts General Hospital, Boston, from 1967 to 1969.

Dr. Sack's publishing and research experience includes the epidemiological study of mental disorders among American Indian children. He currently serves as research associate and as a site director for the Voices of Indian Teens project of the National Center. He is chairman of the Committee on American Indian Children with the American Academy of Child and Adolescent Psychiatry.

Ulrich C. Schoettle, M.D.

Dr. Schoettle is a clinical associate professor at the University of Washington, Seattle. He trained at the UCLA Medical School (1970–1974) and at the UCLA Neuropsychiatric Institute in Adult and Child Psychiatry (1974–1979). He had a fellowship through the UCLA School of Public Health to study rural health delivery systems in Alaska. Dr. Schoettle has been a consultant to the Department of Social and Health Services in the state of Washington for American Indian families, especially as it relates to abuse and neglect. Most recently, he has worked within the Division of Community Psychiatry at the University of Washington to develop a mental health training program for professionals and mental health workers in the state of Idaho.

Currently, Dr. Schoettle is in private practice, teaches at the University of Washington, and is affiliated with Children's Hospital. He continues to consult with residential treatment centers and the Wrangell, Alaska, Mental Health Center and is involved with a number of professional organizations on a national and local level, including the Committee on American Indian Child with the American Academy of Child and Adolescent Psychiatry.

David Shaffer, F.R.C.P., F.R.C. Psych

Dr. Shaffer is Irving Phillips Professor of Child Psychiatry and professor of psychiatry and pediatrics at the College of Physicians and Surgeons at Columbia University in New York City. He is chief of Child Psychiatry at the New York State Psychiatric Institute. He currently directs the Child Psychiatry Clinical Research Center to study depression, anxiety, and suicidal behavior in children and adolescents.

Dr. Shaffer obtained his medical degree at the University of London. He received advanced training in pediatrics as well as psychiatry in London prior to coming to the United States in 1977.

He is co-chair of the American Psychiatric Association, Working Group on Child and Adolescent Psychiatric Disorders DSM IV; past president of the Society for Research in Child and Adolescent Psychopathology; former chief of the Scientific Committee of the Governor of New York's Council on Youth Suicide Prevention; a member of the Policy Subgroup on the Secretary for Health and Human Services Task Force on Youth Suicide; a board member of the American Suicide Association; and a member of the Scientific Council of the NIMH/Dart program.

His research on youth suicide has employed an epidemiological approach to examine its diagnostic characteristics and to assess the efficacy of both educational and case finding approaches to teen suicide prevention.

James H. Shore, M.D.

Dr. Shore is professor and chairman, Department of Psychiatry, University of Colorado Health Sciences Center, and Superintendent of the Colorado Psychiatric Hospital. He received his M.D. from Duke University and completed his psychiatry residency training at the University of Washington in Seattle. From 1969 to 1973 he was in the U.S. Public Health Service as chief of the Mental Health Office, Portland Area Indian Health Service. He was professor and chairman of the Department of Psychiatry and assistant dean in the School of Medicine at the Oregon Health Sciences University from 1975 to 1985.

Dr. Shore has been involved in psychiatric epidemiology since 1968. He co-directed a research project for psychiatric epidemiology with an American Indian tribe that was the first communitywide epidemiology study among U.S. Indian tribes. His research with American Indians has focused on patterns of alcoholism, major affective disorders, suicide patterns, and epidemics. In the 1980s Dr. Shore conducted a psychiatric epidemiology study of the Mount St. Helens disaster, focusing on patterns of stress response syndromes. He continues collaboration in epidemiology with the National Center for American Indian and Alaska Native Mental Health Research.

Philip D. Somervell, Ph.D.

After earning a Ph.D. in epidemiology from the University of North Carolina. Dr. Somervell did postdoctoral work at the University of Calgary, Yale University, the Division of Mental Health, state of Alaska, and the National Center for American Indian and Alaska Native Mental Health Research. He currently is assistant professor, UCHSC, and research associate at the National Center. Dr. Somervell resides in Shiprock, New Mexico, as Project Director of a study of methods for improving the management of common mental health problems in primary care outpatient clinics of the Indian Health Service.

Powl W. Toussieng, M.D.

Dr. Toussieng is professor emeritus of child and adolescent psychiatry at the University of Oklahoma College of Medicine in Oklahoma City. He currently teaches at the graduate level in the university and is active in trying to prevent child physical and sexual abuse and teenage suicide. Dr. Toussieng was a member of the Committee on the American Indian Child of the American Academy of Child and Adolescent Psychiatry for many years and co-chaired the committee from 1979 to 1983. He still consults and offers workshops in Indian communities.

Philippe Weintraub, M.D.

Dr. Weintraub is an assistant professor of psychiatry, University of Colorado Health Sciences Center. He is the director of the Child and

Adolescent Psychiatry Clinic and head of the section on adolescence. He received his M.D. from the University of Virginia and completed his residency training in general psychiatry at the University of Colorado in Denver. After working for 2 years at the Colorado State Hospital, first as a career resident and then as a staff psychiatrist, he completed a 2-year fellowship in child and adolescent psychiatry.

Dr Weintraub's area of research interest is the diagnosis and treatment of mood disorders in children and adolescents. He also has been involved in clinical, administrative, and research activities with American Indians since joining the faculty at the University of Colorado. He served as a psychiatric consultant to Denver Indian Health and Family Services and later assisted in a research project attempting to ascertain possible correlations between suicidal ideation and diagnosis in a group of American Indian adolescents.

Nancy Westlake Van Winkle, Ph.D.

Dr. Van Winkle (Ph.D., sociology, University of Kentucky, 1987) is an assistant professor of Behavioral Sciences at the College of Osteopathic Medicine of Oklahoma State University. She is a medical sociologist with special interest in American Indian health and gerontology. Dr. Van Winkle's current research is in the areas of American Indian suicide and stress, coping, and mental health of caregivers of the frail elderly.

Alayne Yates, M.D.

Dr. Yates is currently chief of child psychiatry and professor of psychiatry and pediatrics in the Department of Psychiatry at University of Arizona College of Medicine. She has been co-chairman of the American Academy of Child and Adolescent Psychiatry's Committee on the American Indian Child. She has conducted research and has developed training for Child and Adolescent Fellows on two reservations. She has given several national presentations on American Indian children and her paper "Current Status and Future Directions of Research on the American Indian Child" was published in the American Journal of Psychiatry in 1987.

In addition to these participants, Ms. Florene Cain, Sequoyah High School, Cherokee Nation of Oklahoma, and James Clark, Ph.D., MAT-SU Community Counseling Center, Wasilla, Alaska, attended the conference. National Center staff and/or affiliates present included Jeffrey King, Ph.D.; Alberta Arviso, M.S.W.; Rebecca Crawford, Ph.D.; Ellen Keane, M.S.P.H.; Rhonda Dick, B.S.; and Cheri Munn, A.R.T.; Ms. Judy Palier, B.S., was invaluable as conference secretary.

Co-authors of papers presented at the conference but who were not in attendance include Gloria Baker-Brown, M.A.; Morton Beiser, M.D.; Quang Duong-Tran, M.A.; Beth Howard-Pitney, Ph.D.; Warren LeBeau, M.S.; and Roy Redshirt, B.S. Two papers included in the monograph but

not presented at the conference were authored by (from IHS-Headquarters West) Lemyra DeBruyn, Ph.D.; Karen Hymbaugh, M.P.H.; Daniel Simpson, A.C.S.W.; Beverly Wilkins; and Scott Nelson, M.D., M.P.H. and by Darrel Zitzow, Ph.D., and Fred Desjarlait, B.S. (IHS appointees in the Great Lakes region).