Rectal Swab Instructions

1. Label container
   (your name, date of birth, date & time of sample)

2. Take white inside cap off and throw away in trash can

3. Take blue swab and insert INSIDE rectum 1-1.5 inches (gently rotate)

4. MAKE SURE THE TIP IS BROWN!
   (If it is not get another swab and start from step 1)

5. Insert Swab in tube
   (make sure it touches gel in bottom)
   Close blue lid attached to swab tightly by pushing down firmly

6. Wash hands

7. Return closed tube to designated person

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