How to collect stool (poop) using a bulk container

1. Label the container
   - Your name
   - Your date of birth
   - Date & time of sample

2. Wash your hands

3. Urinate (pee) and flush

4. Collect stool using:
   - newspaper
   - flushable adhesive stool hat (included)
   - diaper

5. Put 2-3 spoonfuls of stool into container
   Use a wooden stick (included) or a disposable spoon
   Close lid tightly

6. Put container into biohazard bag – keep cool, not frozen

7. Throw out extra stool and supplies

8. Wash your hands

9. Call ______________
    at (___)___-_______
    to return stool for testing

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