Collect stool (poop) using a swab

1. Label container
   (your name, date & time of sample)

2. Wash hands

3. Follow steps 3-5 for bulk stool

4. Take inside cap off and throw out

5. Cover this part (end of q-tip) with stool

6. Insert swab into tube
   (make sure it touches gel in bottom)
   Close lid tightly

7. Put container in biohazard bag
   Keep cool, not frozen

8. Throw out extra stool and supplies

9. Wash hands

10. Call _____________ at (___)___-____ to return stool for testing

www.COFoodSafety.org