



Enhancing Patient-Provider Communication: Identification and Treatment of Perinatal Mood Disorders

About this study

Healthcare providers (HCPs) play an integral role in promoting healthy lifestyle behaviors, such as reducing perinatal mood disorders during pregnancy. This study aims to learn more about the effects of educational web-based modules on patient-provider communication relating to managing perinatal mood disorders among a sample of HCPs. HCPs will be asked to complete a web-based training that is designed to:

- ❖ Improve ability to build rapport and convey empathy while delivering patient-centered care
- ❖ Identify national guidelines pertaining to perinatal mood disorders (i.e. how to identify and screen for perinatal mood disorders)
- ❖ Develop knowledge and skills to increase intent to talk about perinatal mood disorders with patients
- ❖ Improve familiarity with challenges and concerns of pregnant women and adherence to recommended treatment
- ❖ Increase level of confidence and comfort in discussing topics related to perinatal mood disorders
- ❖ Improve ability to locate local and national resources to promote management of perinatal mood disorders.

Eligibility

Healthcare providers currently providing obstetric care to women throughout Colorado are eligible to participate.

Time commitment

Participants will be asked to complete a survey at two different time points. The survey will take approximately 15 minutes to complete. After completing the first survey, participants may be asked to view one brief web-based training module. There is a 50% chance that of being asked to view these training modules. The estimated time to complete the module is 1 hour. The module can be downloaded and viewed at each participant's convenience. We ask that the module be viewed within 1-2 weeks of enrolling in the study.

Participants will be asked to complete the same survey again approximately 6 and 12 weeks after the first survey.

Compensation

Providers will be compensated a **\$20 gift card** for each survey completed, up to \$60. If selected to view the web-based module, participants will receive **CME credit** upon completion of the modules (pre- and post-test required). All participants will have the opportunity to view the training materials free of charge at the conclusion of the study.

Link to the survey: <http://j.mp/2JvIYGn>

Questions?

Please contact the PI, Jenn Leiferman at 303-724-4386 or jenn.leiferman@ucdenver.edu.