

PRACTICE-BASED LEARNING

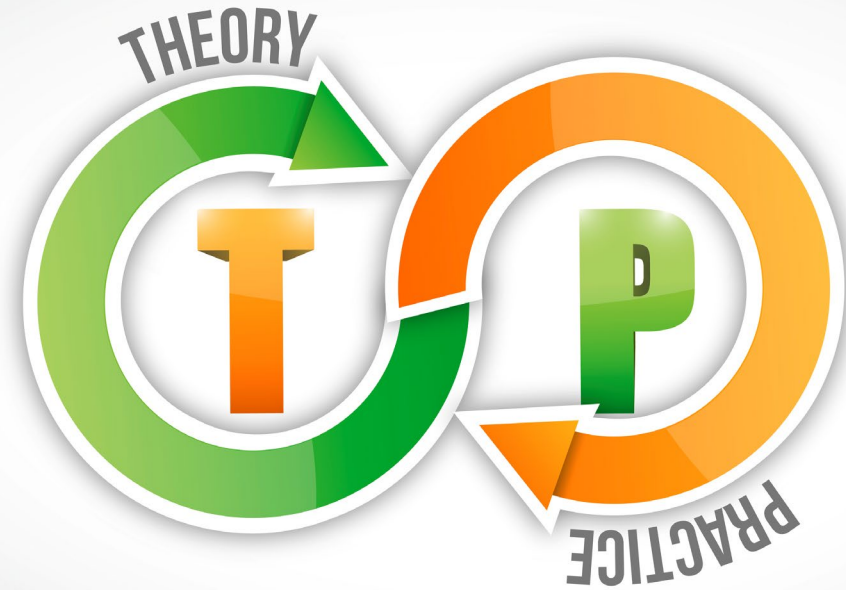
Colorado School of Public Health
Practice-Based Learning

REQUIRED PRACTICE-BASED LEARNING (PBL) COURSES – MPH DEGREE

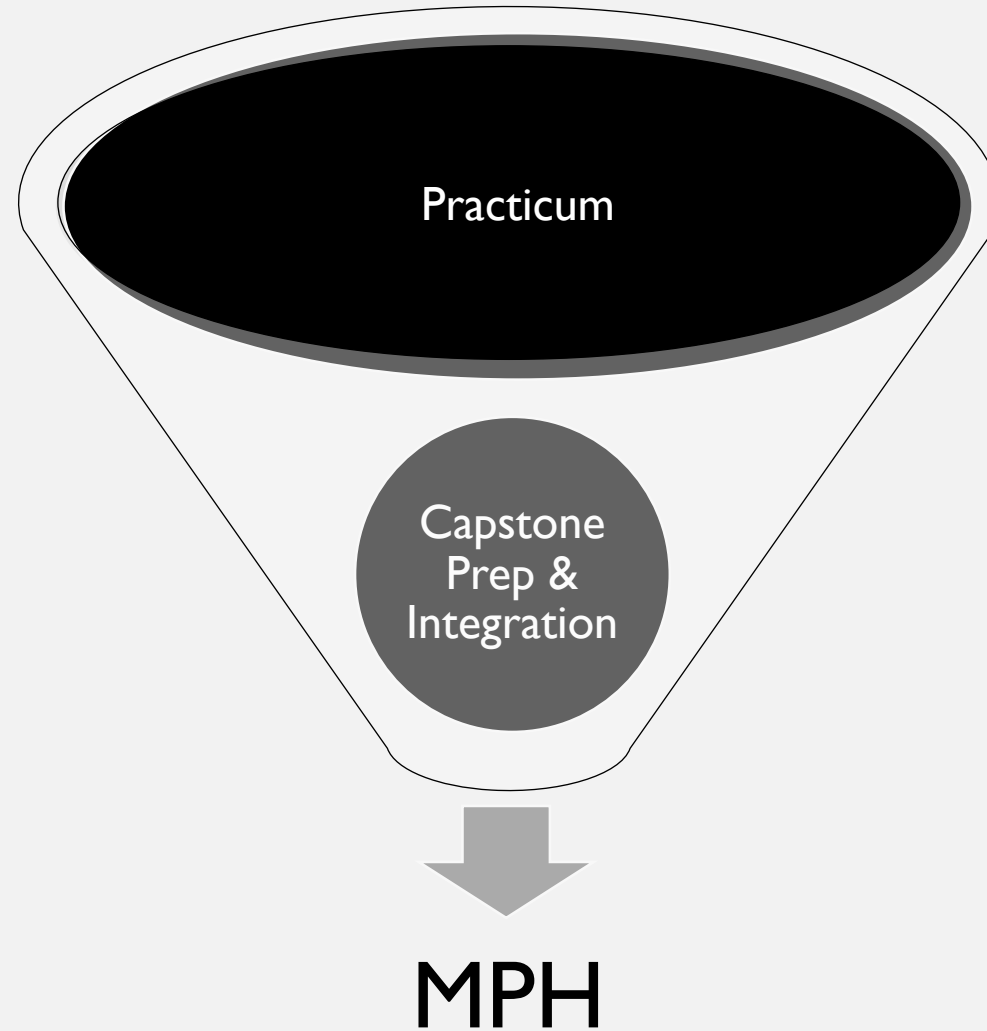
❖ MPH Practicum

❖ Capstone

- Preparation
- Integration



PBL FUNNEL - MPH



PRACTICUM VS CAPSTONE

Practicum

- Internship
- Broad learning opportunity
- Assist an organization with multiple activities

Capstone

- Final culminating project
- Focused project with defined end product/deliverable
- Independent work with support of a preceptor

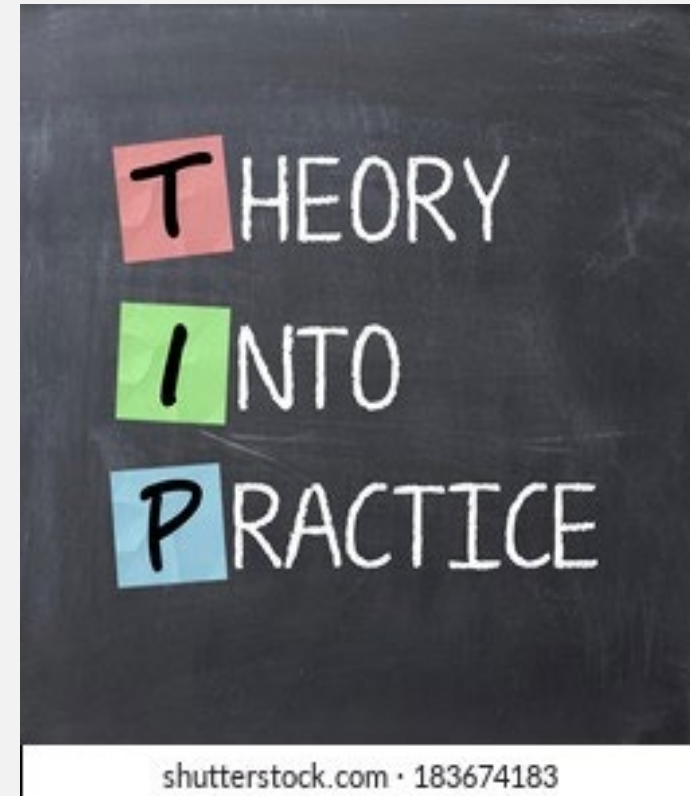
*Practicum & capstone can be related, but this is not required

*Practicum should be completed first, or at the same time as capstone prep

MPH PRACTICUM

MPH PRACTICUM

All MPH students are required to successfully complete a **practicum** experience (≥ 120 hours) during which the student demonstrates competencies and integrates public health knowledge.



GOALS OF PRACTICUM

- apply classroom theory, knowledge, skills
- enhance and develop new skills
- work on a defined public health problem
- engage in professional self-assessment and personal reflection
- build a professional network in public health
- participate in a setting that allows the student to explore future career decisions
- engage with the community and connect with public health agencies and other community-based organizations
- actively participate as a member of an interprofessional team



PREREQUISITES MPH PRACTICUM COURSE

- Successfully complete the **Foundations of Public Health** course
- Successfully complete (B- or higher) **18 credits**
 - minimum of **3** core courses (in addition to Foundations)

INTERNATIONAL Experiences ONLY

- Complete EHOH 6633 Travel Course (1 credit hour; online Spring only)

PRACTICUM SEARCH TIMING

- **Domestic**
Semester prior to starting the practicum
- **International**
Two semesters prior to starting the practicum
- **Competitive Internships**
Follow their stated deadlines



EXPLORE YOUR OPTIONS

- **SETTING:** hospital, state health department, local health agency, non-profit, school-based
- **TOPICS:** cancer prevention, nutrition, policy, autism
- **SKILLS:** evaluation, data analysis, program implementation
- **POPULATION:** K-12, Veterans, Refugee, Seniors, LGBTQ
- **GLOBAL Opportunities**





HOST SITE EXAMPLES



COLORADO
Department of Public Health & Environment



BOYS & GIRLS CLUBS



World Health Organization



Children's Hospital Colorado



Greeley-Evans
WELD COUNTY SCHOOL DISTRICT 6

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FINDING A PRACTICUM SITE



One stop shop for career resources

- resume/CV samples • interviewing • networking strategies • etc.

Positions are posted by

- Career Services • Preceptors & Employers

FINDING A PRACTICUM SITE

- LinkedIn
- Advisor
- Classmate(s)
- Colleague(s)
- Course Guest Speakers
- Community Meeting
- Networking
- Online search
- Practicum Coordinator

OUTREACH TO PRECEPTOR/HOST SITE

- **Send an initial email inquiry**
 - Include a brief description of your interests, what you're looking for, and very basic practicum requirements
- **Call a contact or office**
 - General office line: ask to speak with someone about internship opportunities
- Arrange a time to speak about the practicum in more detail
- Provide a copy of your **resume**
- **Dress appropriately**
- Connect with potential preceptors on LinkedIn



STUDENT'S RESPONSIBILITIES

- Take ownership of your proposed activities through development, planning, implementation and completion
- Communicate your goals, timelines and any necessary details with your preceptor and practicum instructor
- Meet all deadlines and plan accordingly
- Conduct yourself in a professional manner at all times



PRECEPTOR'S RESPONSIBILITIES

- Provide mentoring and guidance throughout the project
- Work with you to provide support needed to complete the activities—access to data, introductions to other professionals, facilitate discussions, provide direction
- Provide feedback throughout practicum and at the midpoint and final evaluation



MPH PRACTICUM COURSE

- 120 hour minimum public health experience which must take place in:
 - a governmental, non-governmental, non-profit, industrial, or for-profit setting
- ≥ 6 hours interprofessional education (IPE)*
- The experience must allow the student to demonstrate attainment of **5** public health competencies, **3** of which must be CEPH foundational competencies
- The MPH Practicum should be mutually beneficial to both the student and the host site



*Interprofessional education (IPE) occurs when people from two or more professions learn about, from, and with each other to enable effective collaboration and improve health outcomes. This refers to engagement with professionals outside of public health (e.g. architects, nurses) rather than to engagement with individuals from other public health disciplines (e.g. biostatisticians, health promotion specialists)

PRACTICUM COURSE DETAILS
CU ANSCHUTZ CAMPUS

MPH PRACTICUM COURSE CU ANSCHUTZ

- MPH Practicum course at CU Anschutz is PUBH 6606
- **The practicum course is a restricted access course:** to receive a code to register, you must submit your completed Practicum Proposal packet to ColoradoSPH.Practicum@CUAnschutz.edu
- 2 credit – Pass/Fail Course
- Online Canvas Course Component with various assignments including:
 - Logbooks
 - Reflections
 - Midpoint check-in
 - Final summary and product portfolio
 - IPE Agreement
 - Final evaluations (student and preceptor)

PRACTICUM PROPOSAL PACKET DUE PRIOR TO COURSE ENROLLMENT

The Practicum Proposal Packet consists of:

- **Resume**
- **2 CITI Course Completion Certificates:**
 - HIPAA and Human Subjects
- **Learning Plan**
 - **Placement Agreement** to be completed with Preceptor
 - **COVID-19 Form** (Preceptor and Student)
 - **Approval and signatures** required (Preceptor, Academic Advisor, Student)

Deadlines:

Sum 22: May 16, 2022

Fall 22: Aug. 15, 2022

Final approval received upon submission of proposal packet; course registration code given once approved

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SAMPLE LEARNING PLAN TABLE

Foundational Competency: #19 - Communicate audience-appropriate public health content, both in writing and through oral presentation

Activity(ies)	Product(s)	Prep/Steps (How am I prepared to do this work? Do I already possess the necessary skills? Will I be trained during my practicum?)	Approval (initials/sign off)
Develop an infographic on smoking and mental health and present information at a staff meeting	<p>Infographic using the findings from my data analyses of community health survey data and focus group data to inform the content</p> <p>Creation and dissemination of information during a monthly staff meeting. The infographic will be presented along with a summary of the findings of my data analyses during an all staff meeting</p>	<p>Review already developed infographics to familiarize myself with ways to organize and communicate information to the target audience. I have experience using online infographic tools such as Piktochart. Additionally, there several step-by-step videos that I can watch to familiarize myself with online tools if necessary.</p> <p>I will also be working with the communications and marketing team who will have expertise and strategies to best display the information for the intended audience, they may already have a template or suggested tool I can use to create the infographic.</p>	<p>Initial approval (prior to practicum start)</p> <p>Preceptor _____</p> <p>Advisor _____</p> <hr/> <p>Midpoint progress check (at the completion of 60 practicum hours)</p> <p>Preceptor _____</p> <p>Student _____</p> <p>If this activity or product was modified at the midpoint, please describe the changes here:</p>

Note: if materials generated for host site were insufficient to meet portfolio requirements, the advisor may assign additional products for the student to demonstrate competency attainment.

TO BE ELIGIBLE FOR THE PRACTICUM COURSE YOU MUST:

- Attend a Practicum Information Session and/or meet with Practicum Coordinator(s) to discuss the practicum experience and requirements (this must be done before you meet with host sites/preceptors)
- Meet with Host Site and Preceptor to determine and define practicum experience (see practicum requirements on the next page)
- Provide a description of the interprofessional experience (IPE)* or a plan that allows the student to complete the required IPE experience during their practicum (provided in the Placement Agreement)
- Provide Preceptor a copy of your resume, the Preceptor Information Packet and completed Practicum Proposal
- Complete Learning Plan (Sections 1-5)
- Complete Placement Agreement with your Preceptor
- Obtain appropriate signatures (Faculty Advisor, Preceptor and Student)
 - Including Section 5 of the Learning Plan which requires your advisor/preceptor to sign off on the activities/products you plan to complete
- Provide Preceptor and Faculty Advisor a final copy of this packet including signatures
- Keep a copy of this packet including signatures
- Complete online HIPAA and Human Subjects Research CITI courses (see page 14), save a copy of your certificates (or a screen shot of completion page) for submission with you final proposal
- Include an updated copy of your resume with your final proposal
- Submit completed Practicum Proposal, CITI certificates and resume to: ColoradoSPH.Practicum@ucdenver.edu
- Receive registration code from the Practicum Coordinator and register online for PUBH 6606 MPH Practicum Course (you will receive the code via email after your proposal has been reviewed and approved)

COVID-19 Form
with required
signatures

MPH CAPSTONE

MPH CAPSTONE

- All MPH students complete a capstone project that results in a high-quality written deliverable and presentation at Public Health Forum.
- If capstone is linked to your practicum experience, an activity begun in the practicum must develop into a significant project that contributes to the goals of the agency and/or to the health of the public in general.
- It is expected that the completion of the Capstone project will require a *minimum* of 60 hours
- The student is expected to have an independent role in the development and completion of the capstone project, in collaboration with the preceptor and others in the agency or organization.

CAPSTONE COURSE DETAILS
CU ANSCHUTZ CAMPUS

MPH CAPSTONE

Capstone Preparation

- 1-credit hour course
- Enroll in department for concentration (Prefix BIOS/CBHS/EHOH/EPID/HSMP 6990)
- Students develop their projects and methodology
- Approved capstone proposal by course end

Capstone Integration

- 1-credit hour course
- PUBH 6991
- Classmates from multiple concentrations
- Project is completed by end
- Students develop abstract, PH Forum presentation, and final written deliverable

**INTERNATIONAL
OPPORTUNITIES**

INTERNATIONAL EXPERIENCE

- Must complete (1 CR) online course **EHOH 6633 only offered in Spring**
 - May submit waiver
- Students can complete practicum and/or capstone anywhere in the world
- University approval is required if traveling to another country



STEPS FOR INTERNATIONAL TRAVEL PRACTICUM EXPERIENCE

- 1) **Complete EHOH 6633 International Travel and Health Course** 1 credit hour (OL, Spring only) or have the course officially waived due to prior international experience ([download waiver form here](#)).
- 2) **Contact the CSPH Practice-Based Learning team** (COLORADOSPH.PRACTICUM@CUANSCHUTZ.EDU) to inform us that you are planning an international practicum. Share site, preceptor and location info.
- 3) **Contact Nicole Herrin** (NICOLE.HERRIN@UCDENVER.EDU) in the **Office of Global Education (OGE)**; initiate and complete the required university international travel approval process.
- 4) **Work with the CSPH PBL team and OGE** to obtain the necessary signatures from Dean Samet and university administration.
- 5) **Complete and submit all required CSPH documents for practicum**, including the learning plan, CITI courses, resume, COVID-19 form, etc.
- 6) **Once the university has approved your travel and the PBL team has approved your practicum documents, you will be given a permission code to register for the course (950 section).**

STEPS FOR INTERNATIONAL TRAVEL CAPSTONE EXPERIENCE

- 1) **Complete EHOH 6633 International Travel and Health Course** 1 credit hour (OL, Spring only) or have the course officially waived due to prior international experience ([download form here](#)).
- 2) **Contact CoSPH Practice-Based Learning team** (COLORADOSPH.PRACTICUM@CUANSCHUTZ.EDU) to inform us that you are planning an international capstone experience.
- 3) **Contact Madiha Abdel-Maksoud** (MADIHA.ABDEL-MAKSOUDE@CUANSCHUTZ.EDU) expressing your interest for an international capstone. Share site, preceptor, capstone proposal and location info.
- 4) **Contact Nicole Herrin** (NICOLE.HERRIN@UCDENVER.EDU) in the Office of Global Education (OGE); initiate and complete the required university international travel approval process.
- 5) **Work with the CoSPH PBL team and OGE** to obtain the necessary signatures from Dean Samet and university administration.
- 6) **Once the university has approved your travel and Madiha has approved your capstone proposal documents, you will be given a permission code to register for the course (950 section).**

RESOURCES

View ColoradoSPH updates, resources, and coverage on the coronavirus (COVID-19).



→ ↻ coloradosph.cuanschutz.edu/resources/for-current-students

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View ColoradoSPH updates, resources, and coverage on the coronavirus (COVID-19).





UCDAccess

Register for courses, pay your tuition, and access your financial aid using your UCDAccess portal.



Webmail

Log into your email account. All ColoradoSPH students have a CU Anschutz email address.

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Courses & registration

Find course schedules, our coursebook, and information about how to register for courses.



Capstone & practicum

Learn how to register for capstone and practicum courses, find related forms, and more.

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transfer credit

2022 COLORADOSP PRACTICE-BASED LEARNING & CAREER EXPLORATION FAIR MARCH 1-3, 2022

- **32** Public Health agencies will present over Zoom about their organization and share upcoming job or PBL opportunities
- Great way to learn more about the agency and connect to professionals!
- Register for any sessions you are interested in (Handshake and Canvas)
- Sessions will be recorded and accessible in Handshake if unable to attend the live session



CONTACT THE CU ANSCHUTZ PBL TEAM

ColoradoSPH.Practicum@CUAnschutz.edu



Lauren Boissy, MPH
Sr. Practice-Based Learning Professional
Email: Lauren.Boissy@CUAnschutz.edu

Interested in scheduling an
appointment to discuss practicum?
Log-in to your CU Anschutz
Handshake account!



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QUESTIONS?