UNIVERSITY OF COLORADO
COLORADO STATE UNIVERSITY
UNIVERSITY OF NORTHERN COLORADO

Health and safety contacts on ColoradoSPH Campuses

CU Anschutz

For students:

Trying to find balance with your time, health, jobs, families and social lives? Visit <u>Student Mental Health Office</u> or call 303-724-4716. For after hours or holidays, call 303-848-0000 to speak to a psychiatrist on call.

Report concerning, worrisome, or threatening student behavior to the Campus Assessment, Response & Evaluation (CARE) Team. The <u>CARE Team</u> was created to address the health and safety needs of students as well as the campus community. Call 303-352-3579 or email shareaconcern@ucdenver.edu.

Office of Inclusion and Outreach resources:

- Center for Identity & Inclusion
- Women and Gender Center (WGC)
- Undocumented Student Services

For Employees:

For more than 30 years, the <u>Colorado State Employee Assistance Program (EAP)</u> has been improving the quality of life and work for state employees through organizational and individual assistance. Services include counseling services, organizational management and development and more.

- For urgent help right now, use Colorado Crisis Services
- EAP contact is <u>here</u>

For all of ColoradoSPH at CU Anschutz:

To report threatening behavior by a University of Colorado faculty or staff member, contact the Faculty and Staff Threat Assessment and Response Team (FaST). Call 303-315-0182 or email FacultyStaff.Assessment@ucdenver.edu.

To report a concern of Discrimination, Harassment, or Sexual Misconduct, contact the Office of Equity by emailing equity@ucdenver.edu, calling 844-288-4853, or visiting the website: equity.ucdenver.edu.

Anschutz Campus Health Center is integrated to care for your well-being. Visit them for physical and general services or for counseling and behavioral services, at: 12348 Montview Blvd., 2^{nd} Floor, Aurora, CO. Appointments can be made by calling 303-724-6242. They accept walk-ins and are open M-F, 8 am - 5 pm.

Interpersonal violence resources: <u>The Phoenix Center at Anschutz</u> (PCA) is now open serving students, staff & faculty, providing confidential services at no charge for issues of interpersonal

violence (IPV). The PCA empowers victims and survivors with information and options, in addition to emotional support and safety planning. The PCA is open daily from 8am - 5pm for drop-in and scheduled appointments in Education 2 North, #5232. The 24/7 helpline number is 303-556-CALL (2255). For appointments, call (303) 315-7250.

Colorado State University

For students:

<u>CSU Health Network</u> offers a variety of health services from medical to dental to counseling. Call 970-491-7121 or visit their office at 151 West Lake, Fort Collins. http://health.colostate.edu/tips-for-handling-challenging-world-events/

<u>CSU Health Network Counseling Services</u> offers individual and couples counseling, group services, alcohol and drug treatment, emergency services, and more. Call 970-491-6053 or visit their office at 151 West Lake, Fort Collins.

<u>Student Case Management & Referral Coordination</u> provides crisis prevention and intervention services. Call 970-491-8051.

Additional services:

- Student Support Services for Undocumented, DACA, and ASSET
- Community for Excellence
- Incidents of Bias
- Tips for handling Tragedy Here and Around the World

Any student who may be the victim of sexual harassment, sexual misconduct, relationship violence, stalking, or retaliation is encouraged to report to CSU through one or more of the following resources:

- Emergency Response: 911
- Deputy Title IX Coordinator/Office of Support and Safety Assessment: 970-491-1350
- CSU Police Department (non-emergency): 970-491-6425

For Employees:

Employee Assistance Program helps CSU employees with onsite support after impactful events or loss. Contact Lani Greenhalgh, LSCW at 970-491-1527, includes the CARE Program, which provides a directory of low-cost or no-cost personal assistance programs, and ComPsych EAP services for counseling, legal advice, financial planning and more.

For all of ColoradoSPH at CSU:

<u>Tell Someone</u> was created to address concerns about any member of the CSU Community. Call 970-491-1350 or use the online referral form found here.

Any employee who believes they may be the victim of sexual harassment, sexual violence or sexual assault is encouraged to report to CSU through one or more of the following resources:

Emergency Response: 911

University of Northern Colorado

For students:

Forms to report discrimination or other law-based concerns and/or to report non-law-based concerns are on the Dean of Students website at: www.unco.edu/dos.

The <u>Concern and Respond Effectively (CARE) Team</u> is designed to respond to UNC students of concern, to identify referral options for the student. Call 970-351-2796 or email <u>dos@unco.edu</u>.

For Employees:

Employee Assistance Program (EAP) services are available to all UNC faculty, staff, and their household members. Services include confidential counseling or a free assessment and referral to the most appropriate community resource. Services are free to employees and are funded by the Department of Human Resources.

- 24/7 Crisis Response Services can be accessed by calling 970-351-2496.
- walk-in times are available Monday-Friday from 1pm-4pm. Cassidy Hall, Second Floor Phone: 970-351-2496.

For all of ColoradoSPH at UNC:

The <u>Employee Assistance Program (EAP) Counseling</u> is available for student, faculty, administrative/exempt, and classified employees, in addition to their household members, and provides up to 10 free counseling sessions per year. Call 970-351-2496 for more information or to schedule an appointment.

The <u>Assault Survivors Advocacy Program (ASAP)</u> offers confidential services for sexual assault victims. Call 970-351-1490 during school hours and 970-351-4040 for the 24-hour hot line.

To use a confidential, anonymous third-party reporting system that will forward your concern to the university, go to MySafeCampus.com.

To report a concern involving a UNC employee, contact <u>Human Resources</u> at 970-351-2718.