

COWP Policy, System, and Environment (PSE)

Change Process

The Culture of Wellness in Preschools (COWP) program has developed a change process that can help schools implement and maintain policy, system, and environment changes at their site.

Strategy 1: Strengths and Needs Assessment

Strategy 2: Prioritize Changes

Strategy 3: Action Plan

Sustainability: Develop and Apply Wellness Policy

Funding Statement

Colorado Department of Human Services SNAP-Ed logo, Division of Food & Energy Assistance.

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.

This institution is an equal opportunity provider.

Program Information

These materials are part of the Culture of Wellness in Preschools (COWP), a program of the Rocky Mountain Prevention Research Center at the Colorado School of Public Health.