

# Penelope (Penny) Bennett, PhD, MPH, CNM, MSN

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*To continue to use my skills, knowledge and love of teaching to improve the lives and health of people in the U.S and abroad.*

## EDUCATION

### **Doctor of Philosophy, 2011**

*Dept of Health & Behavioral Sciences, University of Colorado Denver*

**Dissertation: "Cesarean Delivery by Maternal Request vs Planned Vaginal Delivery: A Decision Tool for Making the Choice"**

*Chair: Sheana Bull, PhD, MPH, Dept of Community & Behavioral Health, Colorado School of Public Health;  
Professor, Dept of Health & Behavioral Sciences, University of Colorado Denver*

### **Master of Public Health, 2010**

*University of Washington, Seattle, WA*

### **Master of Science, Nurse-Midwifery Education, 1994**

*University of Texas at El Paso, El Paso, TX*

### **Certificate in Nurse-Midwifery, 1991**

*Baylor College of Medicine, Houston, Texas*

### **Bachelor of Science in Nursing, 1986**

*University of Washington, Seattle, WA*

### **Bachelor of Arts, Psychology and French, 1973**

*Rice University, Houston, Texas*

## TEACHING EXPERIENCE

Instructor, Adjunct

Department of Community and Behavioral Health, *Colorado School of Public Health*, 2015 - present

Research Evaluation Methods, Spring 2016

Maternal Nutrition, Spring 2016, Spring 2017, Fall 2017, Fall 2018, Fall 2019, Fall 2020

Capstone Preparation, Coach; Spring 2018, Fall 2018, Spring 2019, Summer 2019, Fall 2019

Advisor, Maternal-Child Health Concentration; Fall 2016 - present

Instructor, Adjunct

Department of Integrative Physiology, *University of Colorado at Boulder*, 2007-present

IPHY 2500: Perspectives in Health and Medicine: Seminar Course

Overview of the history of public health and health care practice, epidemiology, social disparities, cultural impacts on health, health care systems, and global health issues.

Dissertation Committee member: Heather Underwood (2013)

Committee chair or member for Undergraduate Honors Theses: Michael Yang (2014), Eva Warner (2013),

Tracy Pihl (2012), Carolyn Foster (2012) Emily King (2010), Nicholas Brietnauer (2009)

Director, Medical Scholars Program, *University of Colorado at Boulder*, 2009-2017

A collaboration between CU-Boulder and CU School of Medicine; offered medical school admission to a small group of high-performing undergraduates at the beginning of their junior year. During their final two years on the Boulder campus, I provide personal, professional, and research mentoring as the students prepared to matriculate into medical school. Instructor for required Medical Scholars Seminar course during their last two years at CU Boulder

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Director, Salud Research Internship, *University of Colorado Boulder*, 2012-2016

Student internship at Salud Family Health Centers; supervised the collection of survey data from patients in waiting rooms. Developed Call Center project to do an evaluation of primary care patients' use of emergency departments.

ATLAS Institute, *University of Colorado at Boulder*, 2011

Information & Communication Technology for Development Program  
Seminar: Overview of Global Health Issues

*Rice University*, Houston, Texas

"Methods of Stress Reduction;" 1997-1999

"Sexual health in the College Population." 1998-2000.

*Baylor College of Medicine*, Dept. of OB/Gyn, Nurse-Midwifery Program

Clinical Instructor – 1991-1996

Course Director: "Physical Assessment" (3 years)

Course Director: "Health Education" (2 years)

Course Director: "Professional Roles" (2 years)

## **PROFESSIONAL EXPERIENCE**

PreProfessional Advising Office, *University of Colorado at Boulder*, 2005 – 2016 (retired)

Interim Director, Lead Advisor

Initial Director of CU-Boulder Premedical Post-Baccalaureate Program, 2011-2012

Advisor for all fields in healthcare with a recent focus on medicine, public health, optometry & global health; Workshops, small group and individual advising; Organizer for annual Health Professions Information Fair and Interview Day; Committee Letter interviewer and letter writer, 2005-2016.

Thayer Group for Women's Care, Boulder, CO, July, 2000 – May, 2003

Office Manager & Lead Certified Nurse-Midwife offering full-scope women's care

Delivery privileges at Boulder Community Hospital

Director and Founder, University Women's Health Center, Houston, Texas, November, 1997 - June, 2000

Private practice offering full-scope women's care including prenatal and support groups.

Delivery privileges at St. Luke's Hospital and Methodist Hospital.

(practice sold upon move to Colorado)

College Master, Richardson College, *Rice University*, August, 1996 - June, 2000

Source of health, social and academic counseling to 300 undergraduates. Appointed by President of the University and reported to VP of Student Affairs.

Academic mentor for Leadership Rice Program.

Clinical Instructor, *Baylor College of Medicine*, Midwifery Section, Dept. of OB/Gyn,

April, 1991 - December, 1996

Full-scope women's care in a variety of public clinics affiliated with Harris Co. Hospital District;

Director of Baylor Private Midwifery Practice, 1993-1996. Delivery privileges at Ben Taub Hospital, St. Luke's Hospital, Methodist Hospital

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## **INTERNATIONAL EXPERIENCE**

STD Research Study in Ulan Bator, Mongolia, 2004

Engineers Without Borders assessment project in Mali, 2009

Trainer for Home-based Life-Saving Skills project, American College of Nurse-Midwives and Midwives, 2010

Master Trainer for Helping Babies Breathe project, American Academy of Pediatrics, 2012-present

## **PRESENTATIONS**

“Public Health: An array of educational and career options.” Presentation at Annual Meeting of the National Association of Advisors for the Health Professions. San Francisco, June, 2014.

“Well-being while studying in the U.S.” Presentation to Regional Conference of Fulbright Scholars, University of Colorado at Boulder, 2009, 2010, 2011.

“PA vs. NP: Comparisons for the Real World.” Presentation at Western Association of Advisors for the Health Professionals, 2011 and 2013.

“PA and CNMs: Is it time we play in the same sandbox?” Presentation at Annual Meeting of the American College of Nurse-Midwives, May, 2009

“Workforce issues in the New Health Care System.” Presentation for Annual Meeting of the National Association of Advisors to the Health Professions. April, 2009

“Factors in a woman’s decision to use Centering Pregnancy, a new model of group prenatal care,” Presentation to Swedish Ballard Midwifery & Woman’s Health, Seattle, WA, 2010.

“Colorado Nurse Midwives: Practice Profiling for Health Policy Impact.” Presentation for National Nursing Centers Consortium 2007 Annual Conference, Nurse-Managed Health Centers: Policy Solutions to Improving Health Care for All. Washington, DC. Oct 2007.

“What to do before you build the well.” 2007 Engineers Without Borders International Conference Workshop on program development and evaluation.

Bennett P, Nyamkhu M. STI Knowledge and Risk Behaviors of University Students, Ulan Bator, Mongolia. Presentation for University of Washington School of Public Health and Community Medicine, 2003

“Sexual health for college students,” 1998 and 1999. Rice University Women’s Resource Center Symposium

University of Houston, School of Optometry

Invited Lecturer: “Prenatal Concerns for Optometrists”, 1993, 1994, 1995

March of Dimes Speaker Network participant, 1993-1998

Speaker, Baylor Annual Nursing Symposium, 1992, 1993

## **PUBLICATIONS and POSTERS**

Bennett, P., Bekoff, A., Lessley, T. Factors involved in primary care patients’ use of emergency room services: Improving access to appropriate care. Poster presented at Community Health Institute 2016 Annual Convention.

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Bennett, P., Petersen, D., Harvey, W. Public Health for an Array of Educational and Career Options. *The Advisor*, in press. Adapted from presentation to the National Association of Advisors for the Health Professions, 2014 Annual Meeting.

Bekoff, A., Bennett, P., Brooks, A., Fisher, G. Professionalism: What does it mean to prehealth students? Poster presentation to Annual Meeting of National Association of Advisors to the Health Professions, 2008

Bennett P, Tanner T, Hastings-Tolsma M, Emeis C, Patterson E, Tasaka Y, Burton A, Goodman S, Koschoreck K, Ruyak S, Vaughn T, Williams A. Colorado Nurse Midwives: Practice Profiling for Health Policy Impact. Poster presentation for Colorado Annual CNM Conference, 2007.

Bennett P, "Program Evaluation of 2003 West Nile Virus Education Program at Boulder County Public Health." Poster presentation for 2006 University of Colorado at Denver Research Symposium.

Bennett P. West Nile Virus Education Program. Poster Presentation to Faculty, University of Washington School of Community Medicine, 2005.

Harris, N.V., Kimball, T.J., Bennett, P., Johnson, Y., Wakely, D., Nolan, C.M. 1987. *Campylobacter jejuni* enteritis associated with raw goat's milk. *Am. J. Epidemiol.* 126:179-186.

#### **GRANTS**

Demeke Foundation, 2010. Grant to support dissertation research.

Service Learning grant to develop a curriculum to include clinical experience for prehealth students at the University of Colorado at Boulder – 2009-2014.

#### **HONORS**

Sigma Theta Tau Nursing Honor Society

Rice University, Women's Resource Center 'Impact' Award

Lead Advisor, Academic Advising Center, University of Colorado at Boulder

#### **PROFESSIONAL MEMBERSHIPS & SERVICE**

Program Committee, Emergency Family Assistance Association, Boulder County, 2017-present.

Colorado Perinatal Collaborative for Quality Care, Consultant to Executive Director, 2017-present.

Association of Schools & Programs for Public Health, 2012-2015

Liaison to National Association of Advisors to the Health Professions, 2012-2014

Member, Framing the Future Task Force, 2012-2014

National Association of Advisors to the Health Professions, 2005-2017

Program Committee for Annual Meeting, 2014

Western Association of Advisors to the Health Professions, 2005-2017

Program Committee for Regional Meeting, 2013

Community Advisory Board, GlobeMed, University of Colorado at Boulder Chapter

American College of Nurse-Midwives, South Texas Chapter, 1994-2000 (President, 1998-1999)

Colorado affiliate, 2000-2016

Health Metrics Board, Engineers without Borders

Past President, Board of Directors, BoldeReach (Local Non-profit), 2003-2010

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**CURRENT PROFESSIONAL LICENSES**

Certified Nurse-Midwife, Certification # 5895

Registered Nurse, Active in Colorado, Inactive in Texas and Washington State, RN #0094739